














# DIVORCE PROCESS OPTIONS

Process includes:	TYPICAL COST			
	Less			More 
	Do It Yourself	Mediation	Collaborative Divorce	Litigation & Arbitration
 Emotion Coaching	✗	+	✓	+
 Financial Advice	✗	+	✓	+
 Legal Information & Research	+	+	✓	✓
 Legal Advice	+	+	✓	✓
 Communication Strengthening	✗	✓	✓	✗
 Co-Parenting Advice	✗	✓	✓	+
 Self-Determination	✓	✓	✓	✗
 Resolve Potential Future Issues	✗	✓	✓	+
 Negotiation Advocacy	✗	+	✓	✓
 Team Problem Solving	✗	+	✓	+
 Enforcing Your Right to a Trial	✗	✗	✗	✓
 Obtain Enforceable Interim Orders	✗	✗	✗	✓

**+** – Not typically included but can be added. Ask your professional if they have this training or recommend hiring additional professionals.

**✗** – Requires that you handle this portion yourself.

Chart assumes competent professionals.

